



## *GREENWOOD CONNECTIONS*

### FROM THE ADMINISTRATOR

Greetings!

Last week, we had the resident/family picnic. The weather was beautiful and the turnout great! We thank everyone who attended and made the evening enjoyable for our residents.

The summer is passing quickly. I always hate to see August come, because we know that it will not be long before summer ends. We hope to have a long fall so that our building project can get underway before the snow flies. The planned start date will be in October. We will have a ground breaking ceremony on Monday, October 2nd at 2:00 in the afternoon. Please join us if you can, to celebrate this occasion.

We replaced our boilers and are in the process of replacing our generator this summer. We are also redoing our courtyard in the middle of the building, so that we have a place for the residents to spend time outdoors next summer when the patio is replaced with the new addition. The residents have enjoyed watching all of the activity and several of them have been paying close attention to what is happening and can tell you all about it.

During our generator replacement process, we had some unwanted excitement at Green Pine Acres on Monday. Many of you have probably already heard, but we had a fire which caused a partial evacuation of the facility. The fire was caused by the exhaust pipe temperature causing material around the pipe to start on fire in the attic area. The problem has been fixed and the pipe will be completely removed when the new generator is installed. We have damage to only one of the resident rooms. No residents were injured, and we did not need to move any residents to another facility. I am very thankful for the competence and professionalism of our staff. We have fire drills monthly to prepare for an unwanted fire. Training is a lot different from the actual event of a fire and every situation could be different. It is not always easy to train, but they handled everything impressively. We are also very thankful for our local emergency response system. We had four different fire departments respond, and several police departments, ambulances and buses to transport our residents if necessary. We did not need to transport anyone out of our facility and everyone kept safe.

Please let me know if you have any questions or concerns about the building project or anything else.

Laura Ahlf

## FOOD FOR THOUGHT

Another resident/family picnic came and went. We had 199 people that we served on Friday, August 4th. A special thank you to my staff, that put a lot of time and effort into getting things ready for the picnic. It was a beautiful evening that could not have been more perfect. The residents look forward to this event and truly do enjoy having their families come and eat with them. So, thank you to all that attended and made the picnic a huge success. I want to just offer a reminder on the importance of RSVP 'ing when you get your invitation. If we would cook for only the people that got back to us that they would be attending, we would have been feeding less than 100 people. It is also important to RSVP so that if your loved one needs a ground meat, blend or thickened liquid diet we can have enough on hand at the picnic to serve them.

I am sure a lot of you are feeling the same way I do...Where did the summer go? It is hard to believe we are in the middle of August. I do love the cool fall weather and fall colors. With a change of seasons you think of different foods that go along with that season. As far as food choices that pretty much goes along with any season.

Tammy Maaninga, Food Service Supervisor

## DIRECTOR OF NURSING

With August half over, the hustle and bustle of getting ready for school can be a challenge and for staffing issues also. We have many students that will be going back to college. We currently have a Certified Nursing Assistant class that is just finishing up to replace those college students. We will have a great bunch of new aides starting soon. We also have a TMA class that will finish in August and that is exciting. We are planning another class of Certified Nursing Assistants starting classes in October. Hope you all enjoy the rest of your summer.

Paula Baker RN DON

## EDITORIAL

It has been a beautiful, but very warm summer here. We could use a little more rain. The Midsummer Parade and fireworks went over very well. I am sure the residents enjoyed the whole weekend.

My husband has joined the ranks of the people with disabilities this past summer. He has had problems with mobility and has not been able to stand very long without assistance.

He received a doctor's order for physical therapy which he has been doing here at Green Pine Acres in the therapy department. With assistance from the therapist he is almost strong enough to be discharged.

They do a bang up job and are very friendly people. The GPA rehab staff work right along with the licensed therapists and so once a patient is done with skilled therapy, they can just continue on with in-house therapy as long as it is needed.

In all, it seems to be a very well-run program. I was glad to be able to see it at work.

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## WOODSIDE MANOR NEWS

We have had a great summer so far at Woodside Manor! We have been busy with activities such as cookouts, a campfire, a tea party and outings to the Senior Center and Hub71, along with our usual monthly activities. National Assisted Living Week will be held September 10th thru 16th this year with the theme "Family is Forever". The annual Family Dinner will be held during this week along with some other fun activities we are planning. We are looking forward to celebrating our family we have at Woodside Manor! Wishing everyone a happy fall!

Alisha Hendrickson, Housing Manager

## ACTIVITIES

August 2017

Where has the summer gone! We are already planning for fall activities; our trip to Rollag, Mn is planned for August 29. We will be attending a meal put on by the Lions Club on Friday the 18th, this will be held at the home of Dennis Carlson. This will be a treat.

Our Resident/Family Picnic held on August 4th was a great success! Thank you all for coming. It is so wonderful to see family and friends spend time with their loved ones. The picnic would not be the same without you.

These past few months we have enjoyed bus rides, shopping, food fun on the patio, live entertainment and have tried out some modified games. So if you hear we play horse shoes, we do. We have also tried out the "corn hole game" or as we call it, bean bags.

We all had the opportunity to watch the boilers be replaced and the center court yard be renovated. It is interesting to hear the residents talk about the progress; I hadn't realized we had so many observers with strong opinions. With the upcoming building projects we will need to utilize the courtyard until a new patio is made for us.

I would like to take this opportunity to thank our volunteers; they truly do make this place feel like a community. They bring the outside in, from church services, music events and helping in other areas of the nursing home.

Future events coming up will be planning for our Christmas Open House. As a reminder, invites will be sent to the contact person, so please let other family members know about all events.

At this time, we do not have an active Family Council. A Family Council can be an important part of our facility. It is an opportunity to have input on the quality of life issues for our residents. It can be a time to share with other family members who may be experiencing the same feelings, getting answers to questions you may have. I would like to hear from you if you are interested in participating in such a program. Meeting times and frequency are up for discussion as it will be whatever works best for the group. I can be contacted at 218-564-4101.

Sincerely, Lori Elmore, Activities Director

## ADULT DAY SERVICES

The clients who attend Adult Day Services enjoy picnics, rides, going out for lunch, and working on craft projects. They are also invited to attend the scheduled activities that are set up for the residents of Green Pine Acres.

Adult Day Services operates Monday through Friday 9:00 a.m. to 3:00 p.m. We are able to provide transportation within a 10 mile radius of the center. At morning coffee time a snack is provided, lunch is served at 11:30, and coffee and goodies again at 2:30.

Adult Day Services can provide respite time for the care giver, or provide an opportunity for a loved one to be able to go someplace safe for socialization, and to participate in group type activities. If you are interested in receiving information regarding our Adult Day Services program please call me at 564-4101.

Sincerely, Lori Elmore, Adult Day Service Coordinator

## CONTACT US

Give us a call for more information about our services.

Greenwood Connections

218-564-4101

Email: [grnwood@wcta.net](mailto:grnwood@wcta.net)

Visit us on the web  
[www.greenwoodconnections.com](http://www.greenwoodconnections.com)

50 Years of Caring

## SO NOW YOU KNOW

The first Minnesota State Fair was held in 1859 near what was to become downtown Minneapolis. During the fair's early years, the site changed from Minneapolis, St. Paul, Rochester, Red Wing, Winona, and Owatonna. In the 1870s and early 1880s, civic groups in the twin cities worked relentlessly to bring the fair permanently to its present location between the two cities. The Ramsey County Board of Commissioners donated 210 acres for its current location.

The grounds currently sit on 320 acres. Early fairs dominated by agricultural exhibits and competitions, now include Fine Arts, Progress Center, Grandstand and Coliseum (formerly the Hippodrome), including large-scale entertainment, technological and industrial exhibits and scores of education and government institutions.

The fair has been held every year since inception with only five exceptions: 1861 and 1862 due to Civil War and Dakota Indian Conflict, in 1893 due to conflict with World Exposition in Chicago, in 1945 due to wartime fuel shortage, and 1946 due to the polio epidemic.